

Dundee Integration Joint Board

Budget Consultation



Savings Options Information – 03 February 2026

Each of the saving options identified by officers of the Dundee Health and Social Care Partnership is explained below.

1. Funding for specific organisations

What is being proposed?

From April 2026, the IJB could stop funding two organisations:

- **Food Train** – provides grocery deliveries and welfare checks for older adults. It currently receives £82,000 per year, which is 4% of the organisation's total income*.
- **Bharatiya Ashram Lunch Club** – provides culturally appropriate lunch clubs for older adults from black and minority ethnic communities. It currently receives £10,000 per year, which is 17% of the organisation's total income*.

(*based on 2024/25 audited annual accounts)

Why has this been suggested?

The IJB is not legally required to fund these organisations, and limited resources need to be focused on services it *must* provide by law. Other publicly funded and private services in Dundee can offer similar support.

What will be done to reduce any negative impacts of doing this?

For people using the Food Train:

- Identify individuals with higher levels of need and help them move to other services.
- Support referrals to the Community Meals Service.
- Help people build digital skills so they can use online shopping and delivery services.
- Refer people to telephone befriending and volunteer projects to reduce loneliness and isolation.

For people using the Bharatiya Ashram Lunch Club:

- Work with community and faith groups to find alternative social activities.
- Offer telephone befriending and outreach volunteer support.
- Use Social Prescribing Services to help people access culturally appropriate activities and wellbeing programmes in Dundee.

How much money could this save?

£92,000 in 2026/27

2. Reduction in funding for services delivered by the third and independent sector

What is being proposed?

From April 2026, the IJB could reduce funding to third and independent sector organisations delivering a range of health and social care services and supports by up to 10% of the total value of current contracts (£46 million). This would affect services such as:

support to unpaid carers.

support to unpaid carers.

- support for people with a learning disability and autism.
- mental health and wellbeing supports.
- Third sector infrastructure and capacity building.
- support for older people.
- support for people who use drugs and alcohol.
- independent advocacy.
- support for people who are homeless or at risk of homelessness.

A list of service providers who could be affected by this proposal is provided at the end of this document.

Services who are funded to provide Care at Home Services and Care Homes will not be affected by this proposal.

Some providers may still receive a small increase targeted towards the Scottish Government's Adult Social Care pay policy, but only if they meet national criteria.

Why has this been suggested?

The IJB is not legally required to fund all of these organisations to the level that is currently in place, and limited resources need to be focused on services it *must* provide by law.

What will be done to reduce any negative impacts of doing this?

Organisations may manage some of the reduction by:

- Finding alternative income sources.
- Improving efficiency.
- Redesigning services.

However, some may still need to reduce staffing or scale back the support they offer.

Providers affected by the reduction will receive a notice period. During this time, the Health and Social Care Partnership will work closely with them through existing contract monitoring processes to understand and manage the impact of the changes.

How much money could this save?

£3.45 million in 2026/27 (and £4.6 million in future years)

3. Tayside Nutrition and Dietetics Service

What is being proposed?

The IJB could reduce funding for the Tayside Nutrition and Dietetics Service, with access criteria being changed and 5,000 fewer appointments being offered each year across Tayside. These appointments cover nutritional assessment and support, and the reduction would be spread across renal services, elderly medicine, paediatrics, and community care.

(In the last 12 months the service has offered 22,000 appointments. A reduction of 5,000 appointments is therefore 22% of the current appointment levels).

Why has this been suggested?

Reducing the number of nutritional assessment and intervention appointments helps the service maintain the specialist staffing needed to care for people with the most complex needs. It supports the IJB's commitment to prioritising those at highest risk and greatest need.

What will be done to reduce any negative impacts of doing this?

The service will prioritise urgent and complex cases. It will also continue to expand digital tools and self-management resources to support people with lower-level needs.

How much money could this save?

£100,000 in 2026/27 (and £200,000 in future years)

4. Review of Physiotherapy and Occupational Therapy**What is being proposed?**

The IJB could change how it funds Physiotherapy and Occupational Therapy services. This means looking at the service in detail to find ways to save money — either by working more efficiently or by reducing some parts of the service. The review will focus especially on MSK Physiotherapy, the Specialist Falls Service, Specialist Neurological Rehabilitation, and the Community Rehabilitation Teams.

Why has this been suggested?

By reviewing how the service works, the IJB can identify options that help them continue supporting people with the most complex needs, while still reducing overall costs. This fits with the IJB's aim to prioritise people who are at the greatest risk.

What will be done to reduce any negative impacts of doing this?

During the review, partners will look at the benefits and drawbacks of different options. They will also agree on actions to reduce any negative effects that changes might cause.

How much money could this save?

£209,000 in 2026/27 (and £417,000 in future years)

5. Provision of Equipment – Occupational Therapy**What is being proposed?**

The IJB could stop providing funding for the provision of certain items of equipment by the Occupational Therapy Service (shower boards, shower chairs, shower stools, perch stools and trolleys).

Why has this been suggested?

Equipment costs are high, and reducing this spending helps manage the budget without further impacting core service delivery. People who need essential equipment can still access other sources of funding.

What will be done to reduce any negative impacts of doing this?

OT assessments will continue to provide advice on safe alternatives, task adaptation approaches, and funding options for anyone needing to purchase equipment.

How much money could this save?

£20,000 in 2026/27 (and £37,000 in future years)

6. Older People's Mental Health Services – Weekend Services

What is being proposed?

The IJB could reduce funding for Mental Health Nurses who provide weekend cover. This would mean:

- The Community Mental Health Teams (CMHT) for Older People East and West would no longer have Mental Health Nurses available on Saturdays and Sundays (09:00-17:00).
- The Care Home Team would also not have Mental Health Nurses available on Saturdays and Sundays (09:00-17:00).

Why has this been suggested?

Other professionals in these teams — Social Workers, Occupational Therapists, and Support Workers — already work Monday to Friday, so this change would align staffing patterns. Levels of patient contact and telephone support are much lower at weekends (in both services direct contact is less than 3% of the available hours), and shifting resources to weekdays would support times of highest demand. Other sources of support are available to service users over the weekend.

What will be done to reduce any negative impacts of doing this?

CMHTs and Kingsway Care Centre will work together to avoid Friday discharges that would require weekend follow-up. Care Homes have alternative staff available at weekends to support people after discharge. During the week, both CMHTs and the

Care Home Team will monitor and support patients at higher risk of admission, exploring alternatives to prevent weekend hospital admissions.

How much money could this save?

£21,000 in 2026/27 (and £28,000 in future years)

7. Review of The Corner

What is being proposed?

The IJB could change how it funds *The Corner*, a confidential health and information service for young people aged 11 and over. This would involve reviewing the service to find ways to reduce costs or increase funding from sources outwith the IJB. The review would look particularly at services for 20–26 year olds and for young people who live outside the Dundee area. It would also explore options for joint working with other young people's services in Dundee.

Why has this been suggested?

Other services for young people in Dundee are going through a process of change, which creates new opportunities for The Corner to adapt. This review will help ensure IJB funding is focused on supporting young people who live in the Dundee area.

What will be done to reduce any negative impacts of doing this?

The review will help partners decide how the service can change and reduce costs. It will look at both the potential benefits and any negative impacts of different options. As part of the review, partners and young people who use The Corner will be asked for their views. The process will also include agreeing actions to minimise any negative impacts identified.

How much money could this save?

£32,000 in 2026/27 (and £64,000 in future years)

Appendix 1

Proposal 2 - Reduction in funding for services delivered by the third and independent sector

List of service providers who could be impacted:

ADVOCATING TOGETHER

ART ANGEL

BIELD HOUSING & CARE

CALEDONIA HOUSING ASSOCIATION

CAPABILITY SCOTLAND

CARR-GOMM SCOTLAND

CORNERSTONE COMMUNITY CARE

CROSSREACH

DUDHOPE VILLA & SISTER PROPERTIES

DUNDEE CARERS CENTRE

DUNDEE COMMUNITY TRANSPORT

DUNDEE INDEPENDENT ADVOCACY SUPPORT

DUNDEE REPERTORY THEATRE

Dundee STARTER PACKS LTD

DUNDEE SURVIVAL GROUP

DUNDEE VOLUNTEER & VOLUNTARY ACTION

DUNDEE WOMEN'S AID

HEARING VOICES NETWORK

HILLCREST FUTURES

HILLCREST HOMES

MID-LIN DAY CARE

NORTH EAST SENSORY SERVICES (NESS)

PAMIS

PARENT TO PARENT

PARTNERS IN ADVOCACY

PENUMBRA

POSITIVE STEPS PARTNERSHIP

PRIORITY CARE

RICHMOND FELLOWSHIP

ROSE LODGE

SAMH - Scottish Action for Mental Health

SCOTTISH AUTISM

SCOTTISH CARE

SCOTTISH HUNTINGTON'S ASSOCIATION

SENSE SCOTLAND

TAYSIDE COUNCIL ON ALCOHOL

THE INCLUSION GROUP (DUNDEE)

THE JERICHO SOCIETY

THE SALVATION ARMY (HOMELESS SERVICES)

TRANSFORM COMMUNITY DEVELOPMENT

TURNING POINT

WE ARE WITH YOU

WELLBEING WORKS

WESTLANDS (BALFIELD PROPERTIES LTD)

WOMEN'S RAPE & SEXUAL ABUSE CENTRE

