

## Dundee Integration Joint Board (IJB)

# Budget Consultation

## 2026/27

The Dundee Integration Joint Board (IJB) brings together local councillors, NHS board members, carers, people who use services, and representatives from the third sector and trade unions. The IJB plans and oversees community health, social work, and social care services for adults in Dundee, deciding what services are provided and how the budget is spent.

The demand for health and social care in Dundee is rising, and needs are becoming more complex. Since 2016/17, the IJB has had to save £58 million, including over £10 million in 2024/25 and over £17 million in 2025/26. Making further savings while maintaining service levels is increasingly difficult.

Across Scotland, IJBs must find ways to spend less and balance their budgets. In Dundee, this means the IJB cannot continue providing services in the same way and must find efficiencies, change service delivery, and potentially reduce some services. These are tough choices with real impacts.

Although final funding for 2026/27 is not yet confirmed, Dundee IJB currently expects to reduce spending by £12.6 million in 2026/27. Some savings will come from making operations more efficient, but others may require changing or stopping some services.

This anonymous and voluntary survey gives people who use health and social care services, unpaid carers, staff, partners, and other stakeholders a chance to share how each option might affect them and suggest ways to minimise any negative impacts.

**The Survey closes on 03 March 2026.**

## About You

Please tell us a bit about yourself and why you're taking this survey. This helps us understand the views of people with different backgrounds and needs. Your answers will guide the IJB in making decisions about budgets and savings. If you'd rather not answer any question, you can choose 'prefer not to answer'.

### 1. Are you responding as an individual or an organisation?

Individual

Organisation

Group

**Please only fill the following section (questions 2 to 19) if you are responding as an individual.**

**If you are responding as an organisation, please go to page six, question 20.**

**If you are responding on behalf of a group, please go to page six, question 21.**

### 2. Are you completing this survey as (select all that apply):

Someone who works in Dundee Health and Social Care Partnership (employed by Dundee City Council, NHS Tayside or in the third and independent sector)

Someone who uses adult social care and / or community health services in Dundee

On behalf of someone who uses adult social care and / or community health services in Dundee

An unpaid carer of someone who uses adult social care and / or community health services in Dundee

A family member of someone who uses adult social care and / or community health services in Dundee

A member of the public

Prefer not to answer

**3. Which of these general services categories do you or your family use most?**

Please pick up to three answers.

- Older People's Services
- Mental Health Service
- Learning Disability and Autism Services
- Physical Disability Services
- Alcohol and Drug Recovery Services
- Primary Care, including GP Services
- Dentist, Pharmacists and Opticians
- Community Nursing
- Unpaid Carer Support Services
- Sexual and Reproductive Health Services
- None of the above
- Other

**4. What sex are you?**

- Male
- Female
- Prefer not to answer

**5. Do you consider yourself to be trans, or to have a trans history?**

- Yes
- No
- Prefer not to answer

**6. Where do you live?**

- Dundee
- Angus
- Perth and Kinross
- Fife
- Prefer not to answer

**7. Please enter your postcode**

**8. From the age bands below, please indicate the category that includes your current age in years.**

<input type="radio"/>	Under 16	<input type="radio"/>	35 to 44	<input type="radio"/>	65 and over
<input type="radio"/>	16 to 24	<input type="radio"/>	45 to 54	<input type="radio"/>	Prefer not to answer
<input type="radio"/>	25 to 34	<input type="radio"/>	55 to 64		

**9. What is your ethnic group?**

<input type="radio"/>	White Scottish / Other British / Irish	<input type="radio"/>	Gypsy / Traveller
<input type="radio"/>	White Eastern European	<input type="radio"/>	Mixed or multiple ethnic groups
<input type="radio"/>	Asian	<input type="radio"/>	Asian Scottish
<input type="radio"/>	Asian British	<input type="radio"/>	Pakistani
<input type="radio"/>	Pakistani Scottish	<input type="radio"/>	Pakistani British
<input type="radio"/>	Indian	<input type="radio"/>	Indian Scottish
<input type="radio"/>	Indian British	<input type="radio"/>	Bangladeshi
<input type="radio"/>	Bangladeshi Scottish	<input type="radio"/>	Bangladeshi British
<input type="radio"/>	Chinese	<input type="radio"/>	Chinese Scottish
<input type="radio"/>	Chinese British	<input type="radio"/>	Black
<input type="radio"/>	Black Scottish	<input type="radio"/>	Black British
<input type="radio"/>	Arab	<input type="radio"/>	Arab Scottish
<input type="radio"/>	Arab British	<input type="radio"/>	Prefer not to answer
<input type="radio"/>	Other	<input type="text"/>	

**10. What is your sexual orientation?**

<input type="radio"/>	Straight/Heterosexual	<input type="radio"/>	Bisexual
<input type="radio"/>	Gay	<input type="radio"/>	Prefer not to answer
<input type="radio"/>	Lesbian	<input type="radio"/>	Other
		<input type="text"/>	

**11. What religion, religious denomination or body do you belong to?**

<input type="radio"/>	Buddhist	<input type="radio"/>	Jewish	<input type="radio"/>	None
<input type="radio"/>	Christian	<input type="radio"/>	Muslim	<input type="radio"/>	Prefer not to answer
<input type="radio"/>	Church of Scotland	<input type="radio"/>	Sikh	<input type="radio"/>	Other <input type="text"/>
<input type="radio"/>	Roman Catholic	<input type="radio"/>	Humanist		
<input type="radio"/>	Hindu	<input type="radio"/>	Pagan		

**12. What is your legal marital status?**

<input type="radio"/>	Single	<input type="radio"/>	Living with partner
<input type="radio"/>	Married	<input type="radio"/>	Civil Partnership
<input type="radio"/>	Widowed	<input type="radio"/>	Prefer not to answer
<input type="radio"/>	Divorced/separated		

**13. Are you pregnant or on maternity leave?**

<input type="radio"/>	Yes - Pregnant	<input type="radio"/>	Neither
<input type="radio"/>	Yes - Maternity Leave	<input type="radio"/>	Prefer not to answer

**14. Do you consider yourself to have a disability?**

<input type="radio"/>	Yes	<input type="radio"/>	No	<input type="radio"/>	Prefer not to answer
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**15. Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months? Include problems related to old age.**

<input type="radio"/>	Yes	<input type="radio"/>	No	<input type="radio"/>	Prefer not to answer
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**16. Do you have any dependent children under the age of 18?**

<input type="radio"/>	Yes	<input type="radio"/>	No	<input type="radio"/>	Prefer not to answer
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**17. Are you responsible for caring for an adult relative / partner, child, friend or neighbour (without being paid for providing that care)?**

<input type="radio"/>	Yes	<input type="radio"/>	No	<input type="radio"/>	Prefer not to answer
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**18. Are you currently or have you ever served in the UK Armed Forces (any branch)?**

- Currently serving personnel or their family member
- Former service personnel or their family member
- No
- Prefer not to answer

**19. Do you receive any benefits?**

By benefits we mean any of the following: Universal Credit, Income-based Job Seeker Allowance, Income-related Employment and Support Allowance, Income Support, Working Tax Credit, Child Tax Credit or Pension Credit.

- Yes
- No
- Prefer not to answer

**If you are responding as an organisation, please fill in questions 20 and 22.**

**If you are responding on behalf of a group, please fill in questions 21 and 22.**

**If you are responding as an individual please go to page eight, question 23.**

**20. Are you completing this survey as:**

Please only fill the following question if you are responding as an organisation.

- A statutory organisation delivering services in Dundee
- A third sector organisation delivering services in Dundee
- An Independent sector organisation delivering services in Dundee
- Other

**21. Are you completing this survey as:**

Please only fill the following question if you are responding on behalf of a group.

- A community based organisation
- On behalf of a group of service users
- On behalf of a group of unpaid carers
- On behalf of a group of members of the workforce working within health and social care services
- On behalf of a group of people with a shared characteristic / interest / geography
- Other

**22. Does the organisation or group you are responding on behalf of have a specific focus on any of the following groups of people:**

- Older people
- People with a learning disability and autism
- People who use drugs and alcohol
- People who have poor mental health and wellbeing
- Unpaid carers
- People who are homeless or at risk of being homeless
- People with a physical disability
- People with a long-term health condition
- People with a sensory impairment
- Children and young people
- Females
- Males
- Trans and Non-binary people
- Lesbian or Gay people
- People from black or minority ethnic communities
- Other

## What is Most Important to You

With less funding available to the IJB please tell us how you think they should prioritise spending.

**23. When the IJB is making difficult decisions related to how available budget is allocated and used, what is MOST important to you in terms of how services are TARGETED?**

Please pick up to three answers.

- Make sure services help people in crisis right away.
- Focus on preventing future health and care problems.
- Prioritise people with the greatest need.
- Support people who usually have the worst health outcomes.
- Help people stay independent in their community instead of going to hospital.
- Make sure people leave hospital as soon as they are medically ready.
- Provide support for unpaid carers (family and friends who care for others).
- Promote early help and healthier lifestyles.

**24. When the IJB is making difficult decisions related to how available budget is allocated and used, what is most important to you in terms of how services are DELIVERED?**

Please pick up to three answers.

- Services are close to where I live.
- I can get the services I need quickly.
- Services have flexible hours, including evenings and weekend.
- I can access services online (appointments and groups).
- I can see someone in person if I need to.
- Services are provided by the Council and NHS (through the Health and Social Care Partnership), not the private or voluntary sector.
- Services are free to use.

## Impact on You

This section asks how different savings options might affect you. For each option, choose:

- No impact** if it wouldn't affect you.
- Low impact** for a small effect.
- Medium impact** for a moderate effect.
- High impact** for a big effect.

If you are answering for someone else, select the impact on them. If you represent an organisation, answer based on your service users or staff. If you're a member of the public, answer based on the wider Dundee community.

### 25. Funding For Specific Organisations

**What is being proposed?** From April 2026, the IJB could stop funding two organisations:

- Food Train – provides grocery deliveries and welfare checks for older adults. It currently receives £82,000 per year, which is 4% of the organisation's total income\*.
- Bharatiya Ashram Lunch Club – provides culturally appropriate lunch clubs for older adults from black and minority ethnic communities. It currently receives £10,000 per year, which is 17% of the organisation's total income\*.

(\*based on 2024/25 audited annual accounts)

**Why has this been suggested?** The IJB is not legally required to fund these organisations, and limited resources need to be focused on services it must provide by law. Other publicly funded and private services in Dundee can offer similar support.

**What will be done to reduce any negative impacts of doing this?**

For people using the Food Train:

- Identify individuals with higher levels of need and help them move to other services.
- Support referrals to the Community Meals Service.
- Help people build digital skills so they can use online shopping and delivery services.
- Refer people to telephone befriending and volunteer projects to reduce loneliness and isolation.

For people using the Bharatiya Ashram Lunch Club:

- Work with community and faith groups to find alternative social activities.
- Offer telephone befriending and outreach volunteer support.
- Use Social Prescribing Services to help people access culturally appropriate activities and wellbeing programmes in Dundee.

**How much money could this save?** £92,000 in 2026/27

- No impact
- Medium impact
- Prefer not to answer

- Low impact
- High impact

**26. Please tell us more about the impacts this option will have on you (or the person / people you represent)?** Is there anything that can be done to minimise any negative impact on you (or the person / people you represent)? If you need more space please attach a separate sheet and number your answers clearly.

**27. Reduction In Funding For Services Delivered By The Third And Independent Sector**

**What is being proposed?** From April 2026, the IJB could reduce funding to third and independent sector organisations delivering a range of health and social care services and supports by up to 10% of the total value of current contracts (£46 million). This would affect services such as: support to unpaid carers; support for people with a learning disability and autism; mental health and wellbeing supports; Third sector infrastructure and capacity building; support for older people; support for people who use drugs and alcohol; independent advocacy; and, support for people who are homeless or at risk of homelessness. Services who are funded to provide Care at Home Services and Care Homes will not be affected by this proposal. Some providers may still receive a small increase targeted towards the Scottish Government's Adult Social Care pay policy, but only if they meet national criteria.

**Why has this been suggested?** The IJB is not legally required to fund all of these organisations to the level that is currently in place, and limited resources need to be focused on services it must provide by law.

**What will be done to reduce any negative impacts of doing this?** Organisations may manage some of the reductions by: finding alternative income sources; improving efficiency; or, redesigning services. However, some may still need to reduce staffing or scale back the support they offer. Providers affected by the reduction will receive a notice period. During this time, the Health and Social Care Partnership will work closely with them through existing contract monitoring processes to understand and manage the impact of the changes.

**How much money could this save?** £3.45 million in 2026/27 (and £4.6 million in future years)

<input type="radio"/> No impact	<input type="radio"/> Low impact
<input type="radio"/> Medium impact	<input type="radio"/> High impact
<input type="radio"/> Prefer not to answer	

**28. Please tell us more about the impacts this option will have on you (or the person / people you represent)?** Is there anything that can be done to minimise any negative impact on you (or the person / people you represent)? If you need more space please attach a separate sheet and number your answers clearly.

**29. If the IJB were to reduce the level of funding for third sector organisations working in the following areas, what level of reduction would you support?**

	0%	up to 5%	up to 10%	more than 10%
<b>Services providing support to unpaid carers</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Services providing support for people with a learning disability or autism</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Services providing mental health and wellbeing support</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Third sector infrastructure and capacity building services</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Services providing support for older people</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Services providing support for people who use drugs and alcohol</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Services providing independent advocacy</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Services providing for people who are homeless or at risk of homelessness</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 30. Tayside Nutrition And Dietetics Service

**What is being proposed?** The IJB could reduce funding for the Tayside Nutrition and Dietetics Service, with access criteria being changed and 5,000 fewer appointments being offered each year across Tayside. These appointments cover nutritional assessment and support, and the reduction would be spread across renal services, elderly medicine, paediatrics, and community care. (In the last 12 months the service has offered 22,000 appointments. A reduction of 5,000 appointments is therefore 22% of the current appointment levels).

**Why has this been suggested?** Reducing the number of nutritional assessment and intervention appointments helps the service maintain the specialist staffing needed to care for people with the most complex needs. It supports the IJB's commitment to prioritising those at highest risk and greatest need.

**What will be done to reduce any negative impacts of doing this?** The service will prioritise urgent and complex cases. It will also continue to expand digital tools and self-management resources to support people with lower-level needs.

**How much could this save?** £100,000 in 2026/27 (and £200,000 in future years)

<input type="radio"/>	No impact	<input type="radio"/>	Low impact
<input type="radio"/>	Medium impact	<input type="radio"/>	High impact
<input type="radio"/>	Prefer not to answer		

**31. Please tell us more about the impacts this option will have on you (or the person / people you represent)?** Is there anything that can be done to minimise any negative impact on you (or the person / people you represent)? If you need more space please attach a separate sheet and number your answers clearly.

## 32. Review of Physiotherapy and Occupational Therapy

**What is being proposed?** The IJB could change how it funds Physiotherapy and Occupational Therapy services. This means looking at the service in detail to find ways to save money — either by working more efficiently or by reducing some parts of the service. The review will focus especially on MSK Physiotherapy, the Specialist Falls Service, Specialist Neurological Rehabilitation, and the Community Rehabilitation Teams.

**Why has this been suggested?** By reviewing how the service works, the IJB can identify options that help them continue supporting people with the most complex needs, while still reducing overall costs. This fits with the IJB's aim to prioritise people who are at the greatest risk.

**What will be done to reduce any negative impacts of doing this?** During the review, partners will look at the benefits and drawbacks of different options. They will also agree on actions to reduce any negative effects that changes might cause.

**How much money could this save? £209,000 in 2026/27 (and £417,000 in future years)**

<input type="radio"/> No impact	<input type="radio"/> Low impact
<input type="radio"/> Medium impact	<input type="radio"/> High impact
<input type="radio"/> Prefer not to answer	

**33. Please tell us more about the impacts this option will have on you (or the person / people you represent)?** Is there anything that can be done to minimise any negative impact on you (or the person / people you represent)? If you need more space please attach a separate sheet and number your answers clearly.

#### 34. Provision of Equipment – Occupational Therapy

**What is being proposed?** The IJB could stop providing funding for the provision of certain items of equipment by the Occupational Therapy Service (shower boards, shower chairs, shower stools, perch stools and trolleys).

**Why has this been suggested?** Equipment costs are high, and reducing this spending helps manage the budget without further impacting core service delivery. People who need essential equipment can still access other sources of funding.

**What will be done to reduce any negative impacts of doing this?** OT assessments will continue to provide advice on safe alternatives, task adaptation approaches, and funding options for anyone needing to purchase equipment.

**How much money could this save? £20,000 in 2026/27 (and £37,000 in future years)**

<input type="radio"/> No impact	<input type="radio"/> Low impact
<input type="radio"/> Medium impact	<input type="radio"/> High impact
<input type="radio"/> Prefer not to answer	

**35. Please tell us more about the impacts this option will have on you (or the person / people you represent)?** Is there anything that can be done to minimise any negative impact on you (or the person / people you represent)? If you need more space please attach a separate sheet and number your answers clearly.

### 36. Older People's Mental Health Services - Weekend Services

**What is being proposed?** The IJB could reduce funding for Mental Health Nurses who provide weekend cover. This would mean:

- The Community Mental Health Teams (CMHT) for Older People East and West would no longer have Mental Health Nurses available on Saturdays and Sundays (09:00-17:00).
- The Care Home Team would also not have Mental Health Nurses available on Saturdays and Sundays (09:00-17:00).

**Why has this been suggested?** Other professionals in these teams — Social Workers, Occupational Therapists, and Support Workers — already work Monday to Friday, so this change would align staffing patterns. Levels of patient contact and telephone support are much lower at weekends (in both services direct contact is less than 3% of the available hours), and shifting resources to weekdays would support times of highest demand. Other sources of support are available to service users over the weekend.

**What will be done to reduce any negative impacts of doing this?** CMHTs and Kingsway Care Centre will work together to avoid Friday discharges that would require weekend follow-up. Care Homes have alternative staff available at weekends to support people after discharge. During the week, both CMHTs and the Care Home Team will monitor and support patients at higher risk of admission, exploring alternatives to prevent weekend hospital admissions.

**How much money could this save?** £21,000 in 2026/27 (and £28,000 in future years)

<input type="radio"/>	No impact	<input type="radio"/>	Low impact
<input type="radio"/>	Medium impact	<input type="radio"/>	High impact
<input type="radio"/>	Prefer not to answer		

**37. Please tell us more about the impacts this option will have on you (or the person / people you represent)?** Is there anything that can be done to minimise any negative impact on you (or the person / people you represent)? If you need more space please attach a separate sheet and number your answers clearly.

### 38. Review of the Corner

**What is being proposed?** The IJB could change how it funds The Corner, a confidential health and information service for young people aged 11 and over. This would involve reviewing the service to find ways to reduce costs or increase funding from sources outwith the IJB. The review would look particularly at services for 20–26 year olds and for young people who live outside the Dundee area. It would also explore options for joint working with other young people's services in Dundee.

**Why has this been suggested?** Other services for young people in Dundee are going through a process of change, which creates new opportunities for The Corner to adapt. This review will help ensure IJB funding is focused on supporting young people who live in the Dundee area.

**What will be done to reduce any negative impacts of doing this?** The review will help partners decide how the service can change and reduce costs. It will look at both the potential benefits and any negative impacts of different options. As part of the review, partners and young people who use The Corner will be asked for their views. The process will also include agreeing actions to minimise any negative impacts identified.

**How much money could this save?** £32,000 in 2026/27 (and £64,000 in future years)

<input type="radio"/> No impact	<input type="radio"/> Low impact
<input type="radio"/> Medium impact	<input type="radio"/> High impact
<input type="radio"/> Prefer not to answer	

### 39. Please tell us more about the impacts this option will have on you (or the person / people you represent)? Is there anything that can be done to minimise any negative impact on you (or the person / people you represent)? If you need more space please attach a separate sheet and number your answers clearly.

## What Else Do the IJB Need to Know?

Is there anything else you want to say about the savings options, how they will impact you or alternative options that you think the IJB should consider?

**40. Due to the amount of savings needed the IJB would like to identify further options to consider. If you have any other ideas about where money could be saved, please tell us in the response box below.**

**41. Is there anything else you want to tell the Dundee IJB about the savings options and the impact they will have on you?**

**Thank you for completing this survey.**